



LIST OF SPORT ACTIVITIES INSURED UNDER THE IRC FACILITY USER PROGRAM

LOW RISK SPORTS

- Aqua-Fit
- Backpacking
- Badminton
- Baton Twirling
- Bocce Ball
- Bunnock
- Children's Programming
- Cornhole
- Croquet
- Darts
- Frisbee
- Hacky Sack
- Hiking
- Horse Shoes
- Juggling
- Lawn Bowling
- Mini Golf
- Paddle Ball
- Pickleball
- Shuffleboard
- Skipping Rope
- Snowshoeing
- Table Tennis
- Tennis
- Walk-a-Thon
- Yoga

MEDIUM RISK SPORTS

- 5ks
- 10ks
- Aerobics
- Archery
- Baseball
- Basketball
- Broomball (Non-Contact)
- Cheerleading
- Cricket
- Cross Country
- Cross Country Skiing
- Curling
- Dance Class
- Dance Competitions
- Dance Lessons
- Dance Practice
- Dodgeball
- Dry Land Training
- Essentrics
- Fishing
- Fitness Classes
- Flag Football
- Golf
- Half Marathons
- Handball
- Kickball
- Lawn Darts
- Marching Band Competition
- Marching Band Practice
- Minds in Motion
- Net Ball
- Nerf Guns
- Nordic Walk
- Pilates
- Qi Gong
- Racquetball
- Rollerblading
- Slo-Pitch
- Softball
- Squash
- T-Ball
- Tai Chi
- Touch Football
- Touch Rugby
- Track and Field
- Ultimate Frisbee
- Volleyball
- Weight Training
- Zumba



LIST OF SPORT ACTIVITIES INSURED UNDER THE IRC FACILITY USER PROGRAM

HIGH RISK SPORTS

- 3 v 3 Hockey
- Field Hockey
- Hockey Power Drills
- Ice Skating
- Indoor Rock Wall
- Old Timer Hockey
- Roller Derby
- Skateboarding
- Soccer
- Ball Hockey
- Figure Skating
- Hockey Speed Drills
- Ice Tennis
- Lacrosse
- Pick-up Hockey
- Roller Hockey
- Skating / Public Skate
- Speed Skating
- Cycling
- Floor Hockey
- Ice Hockey
- In-Line Skating
- Mountain Biking
- Ringette
- Roller Skating
- Sledge Hockey

HIGH RISK CONTACT SPORTS

- Ball Hockey Contact
- Ice Hockey Contact
- Sledge Hockey Contact
- Field Hockey Contact
- Quidditch
- Floor Hockey Contact
- Roller Derbys Contact

MARTIAL ARTS SPORTS

- Soft Touch Martial Arts

WATER SPORTS

- Aqua Fit
- Paddle Boarding
- Swimming w/ Slide
- Water Zumba
- Canoeing
- Swimming
- Water Aerobics
- Water Aerobics
- Kayaking
- Swimming Meet
- Water Polo

TYPES OF SPORT EVENTS PREMIUM CLASSIFICATIONS

- Individual Private Rentals
- Sport League Rentals
- Instructor Rentals
- Corporate Rentals
- Sport School Rentals
- Instructor Year Rentals
- Sport Camp Rentals
- Sport Tournament Rentals